

Check in on your own schedule.

Along is designed to be flexible.

It can be used at any point of the day, including outside the bounds of class time. Students and educators are able to respond on their own time and in their own way.



Educators can record a new reflection in minutes, share it with students, and review student responses when their schedule permits.

Students have the freedom to respond before, during, or after school. They can respond via video, audio, or text from their computer or phone.

Connect with a core group.

For educators who oversee multiple sections of students, we suggest using Along with about 30 students. This could be:

- Your homeroom
- Your advisory or mentor group
- One section of students

If multiple educators in your school are using Along, we recommend grouping students into sections so they build one-on-one connections. It's best for a student to use Along with only one educator, rather than several.

Tips for establishing a routine.

- Choose a day of the week to record and send new reflection questions.
- Set aside a few minutes each week to review and reply to student responses.
- Use the scheduling feature to record in advance and send on your preferred day of the week.
- Share your timeline expectations with students so they can anticipate when you will send and respond to reflections.

