



# Continue the connections in the classroom

On Along, connections begin with a question that you and your students can respond to from anywhere, at any time.

With each reflection, you gain valuable insights about each individual student, as well as spot trends for your whole class.

Whether you have a few minutes a week or you can dedicate an entire class period, here are a few ways to use those insights by pairing weekly reflections in Along with ready-to-use classroom activities.

We've organized Along's content into Collections to help you easily find the content you are looking for. In addition to reflection questions, you can also find research-backed classroom activities to use with students.

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Sparks and strengths

2 of 8 sent  
15 Resources

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A spark is a talent or interest that brings joy to a person's life. What is your spark? Why?

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If the zombie apocalypse were coming tomorrow, what skills would you bring to your survival group?

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Identify Your Sparks

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Make a Strengths Chain

## Use the content in Along to:



### Build classroom community and belonging.

Bolster students' sense of belonging, strengthen their connections, and support students to get to know one another.

Start with a reflection question, or series of questions, to help you learn about each student. Then, choose a related classroom activity to support students to get to know each other.

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What is something that you really value? Why do you value it?

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What traditions matter to you? Why are they important to you?

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Circles of Identity



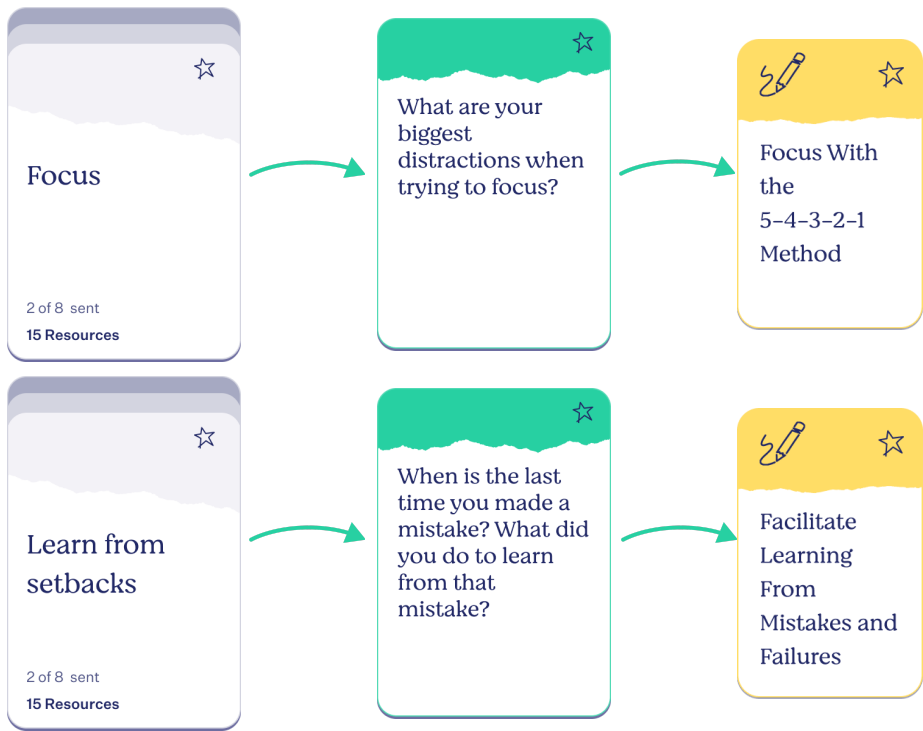
### Teach a skill or strategy.

Help students develop lifelong skills—like learning to set goals or manage stress—by using the content in Along’s skill-related Collections.

Choose from a Collection, like the ones below, that align to a skill or strategy.

Select a question that helps you understand students’ prior knowledge or comfort with the skill or strategy.

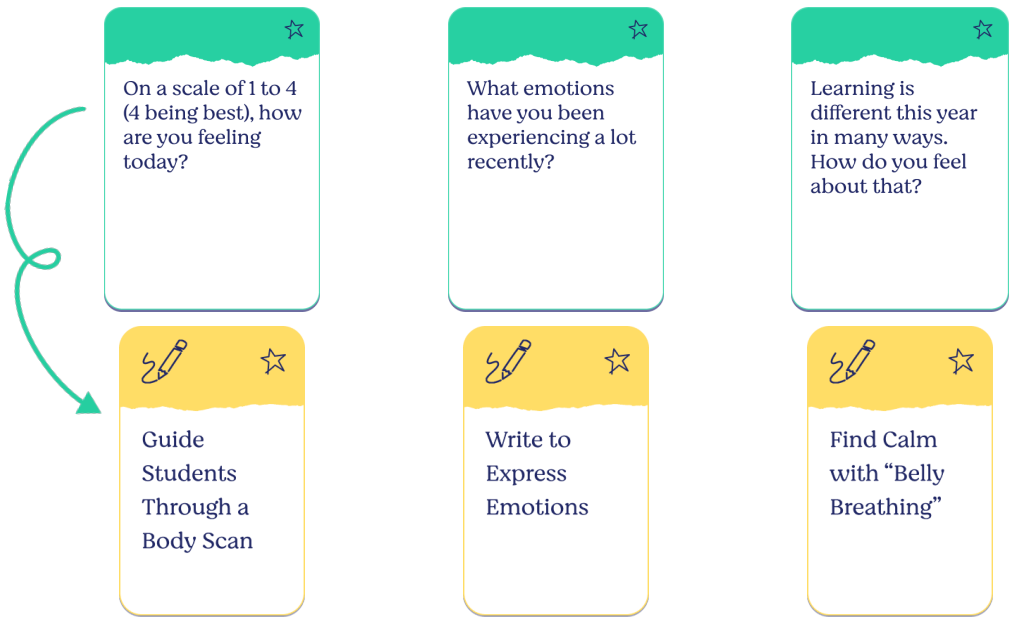
If students’ reflections show they could use support, choose a classroom activity to meet students where they are.



### Check in with students.

Along has questions and classroom resources dedicated to helping educators support students' social and emotional growth and development.

Choose a reflection question to find out how each student is feeling—in general or in response to a situation or event. Select a classroom activity, like the ones below, to help students process their feelings and emotions or learn mindfulness techniques.



### RESOURCE:

Curious for more ideas about how to gather insights, maximize their impact, and support students? Check out the resource, [Using Along Data to Know and Support Each Student](#).